

CLASSIFICATION: Instruction**ADOPTED: 9/9/97****REVISED:****SUBJECT: Physical Education****PAGE: 1 of 1**

The County Superintendent of Schools desires to provide a physical education program which builds interest and proficiency in movement skills and encourages students lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.

Physical education staff shall take special care to ensure that excessive physical exertion is not required of students who have informed staff of a heart or respiratory condition or other physical disability that may restrict such activity. Any dispute concerning such a condition shall be submitted to the principal or his/designee, who may make appropriate inquiries consistent with state and federal law. An appropriate alternative activity shall be provided for these students.

Physical education staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, hot weather, or other inclement conditions.

The County Superintendent of Schools or his/her designee may excuse any student in grades 10, 11, or 12 who attends a regional occupational center or program from attending physical education courses if such attendance results in hardship because of the travel time involved.

The County Superintendent of Schools or his/her designee may exempt students from physical education when they are participating in interscholastic athletic programs which entail comparable amounts of time and physical activity, provided their physical education, in its entirety, meets the district's curriculum standards.

Legal Reference: Education Code
49066, 51241, 51242, 52316, 60800
California Code of Regulations, Title 5
3051.5, 10060
United States Code, Title 29
794 Rehabilitation act of 1973, Section 504
53 Ops.Atty.Gen. 230 (1970)
CDE Program Advisories
0418.89