



AB1767 Resource Guide for Elementary Schools

AB1767 requires the governing board or body of a **LEA that serves pupils in kindergarten and grades 1 to 6, inclusive** to, before the beginning of the 2020-21 school year, adopt, and update as prescribed, a policy on pupil suicide prevention that specifically addresses the needs of high-risk groups. Requires this policy to **be age appropriate** and delivered and discussed in manner that is sensitive to the needs of young pupils. Also requires this policy to be written to ensure proper coordination and consultation with the county mental health plan for a referral for mental health or related services made on behalf of a pupil who is a Medi-Cal beneficiary. Requires the policy to address any training on suicide awareness and prevention to be provided to teachers of pupils in all of the grades served by the LEA

Suicide Prevention Training for Elementary School Staff

Kognito At-Risk Interactive Online Series is an evidence-based series of three online interactive professional development modules designed for use by individuals, schools, districts, and statewide agencies. It includes tools and templates to ensure that the program is easy to disseminate and measures success at the elementary, middle, and high school levels. Users meet their virtual coach and learn about mental health and how to identify at-risk students, approach them and their parents and connect to resources.

Length	Website	Grades	Fee
1-2 hours	https://kognito.com/products?markets=PK-12	K-12	Yes

Making Educators Partners in Youth Suicide Prevention: Act on FACTS helps educators understand this important role with an acclaimed online training program that is self-paced, comprehensive and offered free of charge. Through the use of role-plays, the training embraces school culture and presents real-life scenarios for youth suicide prevention methods. Survivors of suicide loss share their personal stories, while many mental health experts give detailed accounts regarding at-risk populations, warning signs, risk factors, and what the referral process means for educators, counselors and



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members of the school community. Once the 60-minute base module is completed there is a 30-minute module that builds off of the base module containing information specific to elementary school environments and educators.			
Length	Website	Grades	Fee
90 minutes	https://sptsuniversity.org/home	K-12	No
Signs Matter: Early Detection presents scientifically based information on a variety of topics related to youth suicide, alongside best practice recommendations drawn from experts in the mental health and education fields. Science sheds light on key questions of risk and protective factors for youth suicide, as well as the most common behavioral presentations expressed by at risk youth. Recommendations for school personnel roles, support, referrals, and interventions are drawn from best practices of educational and mental health experts.			
Length	Website	Grades	Cost per License
2 hours	https://afsp.org/signs-matter-early-detection	K-12	50-99 = \$25 100-199 = \$15 200-499 = \$10 500-999 = \$6 1000+ = \$4



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ASK Workshop: The ASK Workshop is a one-day, evidence-informed and highly interactive suicide prevention training. Learn from informative video, mini-lectures, and group discussions. Apply and practice as you learn with case studies and guided simulations. Leave with tools and templates you can integrate into your practice immediately.

Length	Website	Grades	Cost per License
1 hour self-paced followed by two 4-hour discussion-based learning sessions on zoom.	https://www.lifelineworkshops.com/the-ask-workshop	K-9	To request a quote email info@lifelineworkshops.com

Role of Social Emotional Learning in Suicide Prevention

Teaching and providing youth with the skills to tackle every day challenges and stressors is an important developmental component to suicide prevention. This article shares how programs that focus on how to deal with emotions can help suicide attempts in young children:

[Why Some Experts Think Suicide Prevention Should Begin in Elementary School](#)

[CASEL SEL Implementation Tools and Resources](#)



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Articles and Briefs on Suicide Prevention in Elementary Schools

The Society for the Prevention of Teen Suicide developed the following documents outlining the importance of suicide prevention in elementary schools:

[Suicide Awareness in Elementary School: Sense or Nonsense?](#)

[The Basics of Resilience: Fostering The Ability to Recover Quickly from Difficulty](#)

[Teaching Resilience in Schools and Fostering Resilient Learners](#) is an article on resilience and developing a deeper understanding of its relevance in school that includes lesson plans, exercises, videos and resources.

Student Suicide Prevention Curriculum and Programs

The Hazelden Lifelines Prevention: Building Knowledge and Skills to Prevent Suicide provides a comprehensive, whole school suicide prevention curriculum that educates school staff, parents, and students on the facts about suicide and their respective roles as suicide “preventers”. The newly revised edition now covers grades 5-6. The curriculum includes a facilitator guide, two DVDs for students and staff, and USB flash drive containing reproducible materials. Cost is \$265. Hazelden's grant writing support to help schools fund the curriculum. Please email them at training@hazeldenbettyford.org to receive support in completing a grant application.

[Sources of Strength](#) is a universal suicide prevention program designed to build socioecological protective influences around youth and to reduce the likelihood that vulnerable youth will become suicidal. This evidence-based, upstream prevention program employs a strength-based wellness approach to improving the health and



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wellbeing of individuals and communities. The elementary model uses a universal classroom curriculum for 3rd-5th graders that increases health and wellness, and decreases negative downstream outcomes through empowering individuals and communities full of connection, belonging and resilience. The recommendation is to train two coaches in the Training of Trainers. There are one-time start up fees for curriculum and training that vary depending on how many grade levels and number of coaches to be trained.

[The Good Behavior Game](#) is an evidence based classroom management strategy that promotes positive behavior by helping children master the role of student and be successful at the demands of the classroom. It is built around four core elements that include classroom rules, team membership, monitoring behavior and positive reinforcement. Contact them for information on pricing.

[Hope Squad](#) is a school-based peer-to-peer suicide prevention program that partners with local mental health agencies. Peers select students who are trustworthy and caring individuals to join the Hope Squad. Squad members are trained to watch for at-risk students, provide friendship, identify suicide warning signs and seek help from adults. There is a curriculum specific to grades 4-6 that focuses on mental wellness, resilience and anti-bullying. Contact them for information on pricing.

Resources for Students, Parents and Educators

The SDCOE's [Young Persons Guide to Wellness](#) guide includes wellness resources, tips and apps for elementary students:



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[The Parent Test](#) is for parents of young people to determine if their child's emotions, attention, or behaviors might be signs of a problem. Based on the results, Mental Health America will provide information and resources.

[Preventing Youth Suicide: Tips for Parents and Educators](#) is an infographic created by NASP for parents and teachers who are in a key position to identify warning signs and get students the help they need.

[What Should Parents and Other Adults Do If They Think a Child is Suicidal?](#)

[Children, Teens and Suicide Loss](#) is a toolkit to support postvention efforts for helping young loss survivors.

Suicide Risk Screening Tools

The evidence based Columbia-Suicide Severity Rating Scale (C-SSRS), provides the right questions to ask. The protocol is the ideal risk assessment tool for any school's suicide prevention strategy.

[C-SSRS Screener with Triage for Schools](#)

[Screener for Teachers](#)

[C-SSRS School Brochure](#)

[C-SSRS Free Online Training](#)



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