

WITH DISTANCE LEARNING

Distance Learning is a unique opportunity to gain new skills and further your academic goals.



Community Resources

- The North County Food Bank is offering food pick up Mon - Fri.
 - You can receive food once every two weeks.
- Look out for Chromebook distributions.
- Check your student email accounts for any possible school work.
- Email all your teachers to check in and to ask for assignments.



Innovative ideas

- Audio books are a great resource if you are struggling to understand a particular reading that a teacher may have assigned.
- Use YouTube or Google Scholar for academic help such as instructional videos.



The Keys to effective distance learning.

- ☐Set up an effective work space
- Communicate with your instructors
- Set aside time for all activities including breaks.
- Attempt to let your loved ones know that you need time to complete your tasks in peace.
- Seek help from your academic support at the school through email if you are struggling.