

EDUCATOR RESOURCE TOOLKIT

San Diego County Office of Education

Disclaimer: The resources within this document are intended to support educators during the COVID-19 crisis. This document is not an endorsement of any particular entity.

Resources for Educators During This Time

[National P3 Center: At-Home Teaching and Learning in PreK-3rd Grade](#)

This document provides guidance about how to best support at-home learning, focusing on two fundamentals of effective teaching and learning in the early grades: child development and equity.

[5 Tips for Supporting Students Socially and Emotionally During Distance Learning](#)

This resource provides tips for educators to support students socially and emotionally during distance learning.

[PBS Teachers Lounge-Distance Learning Tips From One Teacher to Another](#)

This blog provides educators distance learning tips to connect with families and children during school closures.

[Distance Learning with PBS Learning Media: Featuring Insights Applicable to Elementary, Middle, and High School Classrooms](#)

This one-hour webinar is for educators of children of all ages, our goal is to provide tools and hacks to help you set up a digital classroom that works whether your learners are in the same room or a distance away.

[NAEYC – Making Videos at Home: Tips for Educators](#)

This blog provides educators tips and strategies to effectively use videos to connect with children and families during school closures.

[NAEYC – Coping With COVID-19](#)

A compilation of online resources to provide information from NAEYC, the CDC, and other educational organizations in support of coping with COVID-19.

[Education Development Center – Resources for the COVID-19 Crisis](#)

This website contains links to EDC resources and ideas for families and teachers about children's learning and development, and strategies to support the transition to virtual learning.

[Child Care Aware of America: Coronavirus Hub for CCR&Rs and Child Care Providers](#)

Information on what business supports are available for child care professionals, what child care providers should do to respond to the impacts caused by the pandemic, and how child care professionals can support families during this time.

[At-Home Brain-Building Tips for Families with Children Ages Birth to Five](#)

These resources are for supporting families with young children at home during COVID-19.

[Teaching Strategies: Educator Resources](#)

Stay connected with families and help support children's learning at home with these resources.

[Article: Online Education is Difficult for the Littlest Learners. Here's Some Help for School Leaders, Teachers, and Families.](#)

Tips on how to give guidance to families on implementing learning at home, and helping families find ways to bolster their interactions with children.

[PBS: PreK-12 Resources for Emergency Closings](#)

We've assembled packets of printable activities for early educators to download and share with parents and students.

[Play, Child Development, and Relationships: A Preschool Teacher in China Shares Her Virtual Teaching Experience](#)

Many early childhood education programs have had to close indefinitely as governments around the world take serious measures to slow transmission of coronavirus disease 2019 (COVID-19). As she describes here, a preschool teacher has carefully planned a combination of virtual and hands-on learning opportunities for the children in her program, considering what she can do to support all areas of children's development and learning under a set of very difficult circumstances.

[NAEYC: Week of the Young Child](#)

Resources you can use wherever you are celebrating young children – resources/activities for each day to share with families.

Tips for Working From Home

[CNBC Make It: 5 Tips for Effectively Working From Home During the Coronavirus Outbreak, When You Have Kids](#)

This article provides readers five realistic tips to implement when working from home with children.

[Business Insider: 5 Tips to Help You Stay Productive When Working From Home With Young Kids During Coronavirus, From a Dad Who's Done it](#)

This article provides readers five strategies to support working from home with young children.

Resources for Professional Development

[Professional Development Resource Tools for Early Childhood Educators](#)

Through interactive, multimedia tools, early childhood professionals will enhance their learning, explore their dispositions, and identify their strengths and needs.

1. Know yourself
2. Consider from Child's Point of View
3. Examine the Environments
4. Seek Multiple Perspectives

[CompSAT Competency: Relationships, Interactions, and Guidance](#)

This competency area describes the knowledge, skills, and dispositions that early childhood educators are expected to demonstrate in their relationships and communication with young children.

1. Behaviors have Meaning
2. Resolving Conflicts
3. Do Time-Outs Work
4. Making Friends

[CompSAT Competency: Special Needs and Inclusion](#)

Seeking to promote the importance of creating inclusive early care and education settings, this competency area addresses the knowledge and skills that early childhood educators are expected to have to foster the learning and development of young children with disabilities or other special needs.

[CompSAT Competency: Culture, Diversity, and Equity](#)

Invitation to Culture, Diversity, and Equity

1. Know Yourself
2. Encourage Home Languages in the Workplace
3. Home-School Connection

[Center on the Social and Emotional Foundations for Early Learning: Practical Strategies for Teachers/Caregivers](#)

This resource includes scripted stories for social situations, tools for working on “building relationships,” a book list, a book nook, teaching social emotional skills, and tools for developing behavior support plans

[NAEYC-Welcoming Dual Language Learners](#)

This resource provides strategies to support dual language learners and promote a sense of belonging.

Information on Trauma and Resources on Mental Health

[Sesame Street in Communities: Experiences in Trauma](#)

A variety of videos (trauma, health emergencies, hand-washing, etc.), activities, articles, and professional development resources.

[The National Child Traumatic Stress Network](#)

Resources on the following topics:

1. What is Child Trauma, Populations At-risk
2. Resources
3. Family and Communities (homelessness, bullying, domestic violence, etc.)
4. Types of Trauma (medical, natural disasters, Traumatic grief).

[Child Mind Institute – Self-Care in the Time of Coronavirus](#)

This article on self-care in the time of coronavirus is available in English and Spanish.

[Child Mind Institute – How Mindfulness Can Help During COVID-19](#)

This article on how mindfulness can help during COVID-19 is available in English and Spanish.

[Behavioral Health Services – How to Manage Your Mental Health and Cope During COVID-19](#)

This compilation of resources and tips for maintaining mental health and wellness during the COVID-19 outbreak is available in English and Spanish.

[HHS/Live Well San Diego – Maintaining Mental Health and Wellness During the COVID-19 Outbreak](#)

A tip sheet on maintaining mental health and wellness during the COVID-19 outbreak.

[Centers for Disease and Control Prevention – Stress and Coping](#)

Resources for stress and coping.

Resources for Families: Activities to do at Home

[First 5 Activities for Preschoolers](#)

Activities for preschoolers which include inquiry, observation, and exploration through hands-on experiences. Parents can simply click on the activity which shares what it is about, how to do the activity, and the benefits to the child.

[Kid's Gardening Easy Parent and Kid Activities](#)

This website offers parents and children gardening activities to do at home with materials they might already have on hand. These hands-on activities include observation, inquiry, and experimentation.

[Toys as Tools: Everyday Science Experiences](#)

This page from NAEYC offers parents Science activities to do at home along with questions to further support children's inquiry and experimentation. Activities provided show the objective of the learning experience.

[Turn Any Walk Into a Nature Walk](#)

This page shows parents how they can turn a walk in the neighborhood into a nature walk with ideas on how to help children explore natural objects in their environment.

[Everyday Fun With Science: Let's Talk About STEM Video](#)

The video shares how children learn and use science at an early age and shows real-life examples of children and parents. The resource download shows parents how they can support children's Science skills from ages 0 to 5.

[Scholastic Learn at Home: Grades PreK-K](#)

This website offers studies of many Science topics such as animals, plants, weather, and space. It includes an online book on each study with songs and activities in English and Spanish.

[PBS for Parents – Science](#)

Science activities, books related to science, and links to many science subtopics based on child's age and development.

[Supporting Language and Literacy Skills from 12–24 Months](#)

Describes how parents and educators can promote early language and literacy skills through everyday moments with children—reading books, talking, laughing, and playing together. Includes many short parent-friendly video clips on interactions that promote language and literacy among children 12-24 months of age.

[¡Colorín Colorado!: A Bilingual Site For Educators and Families of English Language Learners](#)

This site provides a range of resources to support English language development in the early years.

[Educational Games for Kids](#)

This educational resource provides free access to learning resources to help facilitate at-home learning. Includes age appropriate games that promote the development of early literacy concepts and language comprehension. This site also provides access to a range of online story books for children's enjoyment.

[Early Literacy: Learning to Read and Write Doesn't Start in Kindergarten or First Grade](#)

This resource looks at how language and literacy begins at birth and features links and videos to introduce early literacy to infants, toddlers, and young preschoolers.

[Tinker Lab – What is Process Art for Kids?](#)

Website with process art activities for parents and children to do together at home. Provides parents/teachers with differences between process and product art. Activities for other domains as well for children from birth to elementary school.

[Young Children at Home During the COVID-19 Outbreak: The Importance of Self-Care](#)

Resources for educators, with tips for self-care and mindful parenting available in English and Spanish.

Activities for Early Math Skills

[At-Home Activity Cards: Counting \(Erikson Institute\)](#)

Summary of books and math-related activities that can be implemented, all compiled on an activity card in English or Spanish.

[Support Math Readiness Through Math Talk \(NAEYC\)](#)

Strategies for incorporating math into daily life and experiences.

[Math at Home Toolkit \(NAEYC\)](#)

Resources for math play activities, videos, and games that can be shared with families. English and Spanish resources.

[Play Games, Learn Math! Number Path Games \(NAEYC\)](#)

A variety of math games, some including gross motor movement.

[Math Learning – and a Touch of Science – in the Outdoor World \(NAEYC\)](#)

A summary of how to incorporate math concepts outside.

[Make Math Meaningful for Diverse Learners \(NAEYC\)](#)

Discusses how to support dual-language learners during math-focused activities, especially by utilizing real-life objects and opportunities for math concepts.

[3 "Mathical" Counting Books with Winning Appeal \(Erikson Institute\)](#)

Book recommendations with counting.

[A Grid Game: The Math in Ten \(Erikson Institute\)](#)

A video demonstrating a math game to support math concepts (sets, counting, 1:1 correspondence).

[The Hoop Game \(Erikson Institute\)](#)

A video demonstrating a gross-motor math game.

[The Math in Blocks \(Erikson Institute\)](#)

A video describing the math opportunities in block play.

[Help Your Child Develop Early Math Skills](#)

Discussion of math concepts learned in preschool, and ways to support mathematical learning.