

Dear parents of students who plan to attend Cuyamaca Outdoor School:

The Cuyamaca Outdoor School participates in the National School Lunch and Breakfast programs. Under program rules, we are required to offer a menu that meets specific dietary and nutritional guidelines. We are not allowed to deviate from the approved menu plan for an individual student unless the student has a documented allergy/chronic disease, or disability.

The attached Medical Statement form provides you the opportunity to note specific (medically necessary) needs that affect your child that would require a special meal that differs from the standard menu.

Please take a moment to review the form:

- Medical Statement to Request Special Meals and/or Accommodations

This form must be signed by a **recognized medical authority***. The school nurse, or the parent, **cannot** certify a medical condition that requires a special meal unless the school already has a certification letter signed by a recognized medical authority* on file and a copy of that letter is sent with the completed forms.

The U.S. Department of Agriculture (USDA) and the California Department of Education's Nutrition Services Division (NSD) prohibit discrimination in all of their programs and activities on the basis of race, color, national origin, gender, religion, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). The USDA and NSD are equal opportunity providers and employers.

** Physician, Physician Assistant, or Nurse Practitioner licensed to practice in the State of California*