



AB1767 Resource Guide for Elementary Schools

AB1767 requires the governing board or body of a LEA that serves pupils in kindergarten and grades 1 to 6, inclusive to, before the beginning of the 2020-21 school year, adopt, and update as prescribed, a policy on pupil suicide prevention that specifically addresses the needs of high-risk groups. Requires this policy to **be age appropriate** and delivered and discussed in manner that is sensitive to the needs of young pupils. Also requires this policy to be written to ensure proper coordination and consultation with the county mental health plan for a referral for mental health or related services made on behalf of a pupil who is a Medi-Cal beneficiary. Requires the policy to address any training on suicide awareness and prevention to be provided to teachers of pupils in all of the grades served by the LEA

Suicide Prevention Training for Elementary School Staff

Act on FACTS helps educators understand this important role with an acclaimed online training program that is self-paced, comprehensive and offered free of charge. Through the use of role-plays, the training embraces school culture and presents real-life scenarios for youth suicide prevention methods. Survivors of suicide loss share their personal stories, while many mental health experts give detailed accounts regarding at-risk populations, warning signs, risk factors, and what the referral process means for educators, counselors and members of the school community. Once the 60-minute base module is completed there is a 30-minute module that builds off of the base module containing information specific to elementary school environments and educators.

Length	Website	Grades	Fee
90 minutes	Making Educators Partners in Youth Suicide Prevention: Act on FACTS	K-12	No



AB1767 Resource Guide for Elementary Schools

ASK Workshop: The ASK Workshop is a one-day, evidence-informed and highly interactive suicide prevention training. Learn from informative video, mini-lectures, and group discussions. Apply and practice as you learn with case studies and guided simulations. Leave with tools and templates you can integrate into your practice immediately.

Length	Website	Grades	Cost per License
1 hour self-paced followed by two 4-hour discussion-based learning sessions on zoom.	The ASK Workshop	K-9	To request a quote email info@lifelineworkshops.com

Kognito At-Risk Interactive Online Series is an evidence-based series of three online interactive professional development modules designed for use by individuals, schools, districts, and statewide agencies. It includes tools and templates to ensure that the program is easy to disseminate and measures success at the elementary, middle, and high school levels. Users meet their virtual coach and learn about mental health and how to identify at-risk students, approach them and their parents and connect to resources.

Length	Website	Grades	Fee
1-2 hours	Kognito for Elementary Schools	K-12	Yes

Signs Matter: Early Detection presents scientifically based information on a variety of topics related to youth suicide, alongside best practice recommendations drawn from experts in the mental health and education fields. Science sheds light on key questions of risk and protective factors for youth suicide, as well as the most common behavioral presentations expressed by at risk youth. Recommendations for school personnel roles, support, referrals, and interventions are drawn from best practices of educational and mental health experts.



AB1767 Resource Guide for Elementary Schools

Length	Website	Grades	Cost per License
2 hours	Signs Matter: Early Detection	K-12	50-99 = \$25 100-199 = \$15 200-499 = \$10 500-999 = \$6 1000+ = \$4

Role of Social Emotional Learning in Suicide Prevention

Teaching and providing youth with the skills to tackle every day challenges and stressors is an important developmental component to suicide prevention. This article shares how programs that focus on how to deal with emotions can help suicide attempts in young children:

[Why Some Experts Think Suicide Prevention Should Begin in Elementary School](#)

Other SEL Resources:

[CASEL SEL Implementation Tools and Resources](#)

[Practice Social Emotional Skill Development](#)

Role of Resiliency in Suicide Prevention



AB1767 Resource Guide for Elementary Schools

The Society for the Prevention of Teen Suicide developed the following documents outlining the importance of suicide prevention in elementary schools:

[Suicide Awareness in Elementary School: Sense or Nonsense?](#)

[The Basics of Resilience: Fostering The Ability to Recover Quickly from Difficulty](#)

[Teaching Resilience in Schools and Fostering Resilient Learners](#) is an article on resilience and developing a deeper understanding of its relevance in school that includes lesson plans, exercises, videos and resources.

Student Suicide Prevention Curriculum

[The Hazelden Lifelines Prevention: Building Knowledge and Skills to Prevent Suicide](#) provides a comprehensive, whole school suicide prevention curriculum that educates school staff, parents, and students on the facts about suicide and their respective roles as suicide “preventers”. The newly revised edition now covers grades 5-6. The curriculum includes a facilitator guide, two DVDs for students and staff, and USB flash drive containing reproducible materials. Cost is \$265. Hazelden's grant writing support to help schools fund the curriculum. Please email them at training@hazeldenbettyford.org to receive support in completing a grant application.

[The Good Behavior Game](#) (GBG) is a universal classroom-based behavior management strategy for elementary school that teachers use along with a school's standard instructional curricula. GBG uses a classroom-wide game format with teams and rewards to socialize children to the role of student. It aims to reduce aggressive, disruptive classroom behavior, which is a shared risk factor for later problem behaviors, including adolescent and adult illicit



AB1767 Resource Guide for Elementary Schools

drug abuse, alcohol abuse, cigarette smoking, antisocial personality disorder (ASPD), violent and criminal behavior, and suicidal thoughts and behaviors.

Resources for Staff & Students

This SDCOE guide includes wellness resources, tips and apps for elementary students:

[Young Persons Guide to Wellness](#)

[Looking Out for At-Risk Kids](#)

Suicide Risk Assessment Tools

The evidence based Columbia-Suicide Severity Rating Scale (C-SSRS), provides the right questions to ask. The protocol is the ideal risk assessment tool for any school's suicide prevention strategy.

[C-SSRS Screener with Triage for Schools](#)

[Screener for Teachers](#)

[C-SSRS School Brochure](#)

[C-SSRS Free Online Training](#)



AB1767 Resource Guide for Elementary Schools

A rapid, psychometrically sound 4-item screening tool for all pediatric patients that can also be used in any setting including schools for ages 10 and over.

[ASK Screening Tool](#)

[ASK Youth Suicide Risk Screening Pathway](#)