Behavioral Health Services for Youth in San Diego County

OVERVIEW
• Services are provided at no or low cost to the family as authorized by the behavioral health provider’s contract with the County of San Diego.
• Services can be provided during or outside of school hours, on-campus or in a community setting, based on the student’s and family’s needs.

HOW TO ACCESS
• Submit SchooLink referral form to designated contact on campus or call the SchooLink provider directly
• Call the Access & Crisis Line at 888-724-7240 for a community-based provider referral

ELIGIBILITY CRITERIA
• Medi-Cal enrolled or low income and uninsured or underinsured youth
• Meets medical necessity criteria for specialty mental health services or Drug Medi-Cal. Generally, this means:
  - The student has a mental health or substance use diagnosis
  - The behavioral health disorder is or will impact an important area of life functioning
  - There is a reasonable expectation that intervention will help

SAN DIEGO COUNTY ACCESS & CRISIS LINE
888-724-7240
7 DAYS A WEEK | 24 HOURS
If a student is experiencing a behavioral health crisis, call 911. If you aren’t sure where to refer a student, you can call the Access & Crisis Line above or refer the student to the SchooLink provider on-campus.

Medi-Cal Health Plans
Medi-Cal health plans can help their members identify a behavioral health provider in their network. Call their behavioral health line for a referral or more information.

Private Insurance
Private insurance plans, often provided through a parent’s employer, can help their members identify a behavioral health provider in their network. Call the plan’s behavioral health line for a referral or more information. The number is usually listed on the insurance card.

Federally Qualified Health Centers
Many federally qualified health centers (also known as community health centers) provide no or low cost behavioral health services. Search online at: findahealthcenter.hrsa.gov or call 211 to find a convenient location.

Primary Care Providers
Primary care providers can provide behavioral health services and/or refer their patients for care.

Educationally Related Services
School districts are responsible for providing special education and related services identified as needed in Individualized Education Plans (IEPs). IEPs may include mental health services. Teachers, administrators, school psychologists and school counselors can provide guidance on the IEP referral and assessment process.

County-Funded Behavioral Health Services
SchooLink is only available at designated schools. Contact your school for details.

Private
Insurance
Medi-Cal Health Plans
Joint
Medi-Cal
Medicare
Medi-Cal Health Plans
Joint
Medi-Cal
Medicare

Kaiser Permanente
877-496-0450

UnitedHealthcare
866-270-5785

Molina Healthcare
888-665-4621

CARE 1st
855-321-2211

Community Health Group
800-406-3332

Aetna
855-772-9076

Kaiser Permanente
877-496-0450

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