

This checklist is designed to complement the guidance offered in [Comprehensive School Suicide Prevention in a Time of Distance Learning](#) and to stimulate thinking about preparing to provide school suicide intervention via telehealth. It should not supplant, nor is it a substitute for, approved school district protocols.

- 1. Review existing school suicide intervention policies, procedures, and protocols; as indicated modify them to include the use of telehealth (e.g., how to connect with students virtually, secure student safety remotely, secure supervision, contact and consult with caregivers).
- 2. Develop a resource directory of currently available local agencies that would respond to the student's location if needed.
 - Law enforcement _____
 - Mobile crisis response team _____
 - Children and family services _____
 - Other resources _____
- 3. Review with school staff members risk factors and warning signs associated with suicide (and emphasize how the current pandemic can affect suicide risk).
- 4. Review with school staff members procedures to follow when a suicidal behavior is judged to be imminent (e.g., call 911 and request a wellness check).
- 5. Review with all school staff members suicide risk assessment referral procedures and any **modifications to such made necessary by distance learning**. School staff understand how to quickly access support for, and refer, at risk students when providing distance learning activities.
- 6. Develop telehealth skills and resources.
 - Telehealth skill development activities: _____
 - District technical assistance resources: _____
- 7. Develop telehealth communication options.
 - Considerations for the use of service providers' personal devices: _____
 - Communication options for students without internet access: _____
 - Communication options for homeless students: _____
- 8. Identify telehealth communication platforms.
 - List primary telehealth platforms: _____
 - List other telehealth platforms: _____
 - Communication options when telehealth is not practical: _____
- 9. Individuals identified as responsible for conducting suicide intervention have access to updated and **current** student demographic data (name, address, phone number, primary caregiver contact information, email).

- 10. Individuals identified as responsible for conducting suicide intervention have access to school and community crisis resources for immediate consultation (name, address, 24/7 phone number, email).

- 11. Develop caregiver telehealth consent procedures¹.
 - Describes telehealth service delivery and specifies technical considerations
 - Explains how service providers operate and telehealth limits
 - Delineates student expectations and responsibilities of all parties involved
 - Identifies emergency contacts and specifies multiple communication options
 - Obtains consent for specific service providers to offer telehealth
 - Reviewed by district legal counsel to ensure compliance with state and federal regulations
- 12. Determine protocol for when caregiver consent for services cannot be obtained.
 - List protocol: _____
 - Reviewed by district legal counsel to ensure compliance with state and federal regulations

¹ Adapted from Andover Public Schools, *Telehealth Service Provision Handbook*