

SAN DIEGO COUNTY OFFICE OF EDUCATION
COUNTY SCHOOL NURSE RESOURCE GROUP
HEALTH OFFICE EXPENDABLE FIRST AID SUPPLIES LIST

A

*Air splints
Alcohol – 70% (Isopropyl) liquid, individual wipes
*Ambu bags
Applicator sticks – with or without cotton
*Asthma control devices: peak flow meters, aero chambers,
disposable mouthpieces
Antibacterial soap

B

Bandages, i.e., adhesive, elastic, gauze, telfa,
triangle; stretch, liquid adhesive bandage
Baking soda
Batteries

C

*Calamine lotion/Calagel
*Constricting bands, i.e. Penrose drain
Containers, i.e. bottles, canisters, dispensers
Cotton – rolls, balls
CPR mask with one way valve (Child, Adult and Infant sizes)

D

Diapers
*Disinfectant/germicide, i.e. bleach,
wipes, Hibiclens, Phisoderm, sanicloths
Dressings, i.e. sterile and non-sterile
gauze, Telfa, ABD
Newer technologies:
Film dressings (transparent): *examples-* Tegaderm (3-
M); Johnson and Johnson Bioclusive Transparent
Dressing; Kendall Polyskin,
Hydrocolloidal/Hydrogel Dressings: *examples-*
DuoDERM (ConvaTec); Tegisorb (3-M);, 2nd
Skin® Quik Stik™ Adhesive Dressings; Comfeel;
Replicare; Lamin; Carrasyn; IntraSite gel; Solosite

E

*Epinephrine ampules
*Epi-pen
*Eye/face protectors (goggles, face shields)
*Eye flush system, i.e. IV tubing,
saline, hanging set-up
Eye pads/eye shields
Eye wash cups

F

First aid kits – empty

G

Gloves – non-sterile disposable plastic, latex, synthetic, vinyl¹
Glucose
Gowns/plastic aprons - protective

H

*Hand lotion

I

Ice bags/Chemical cold packs
*Isolyzer

L

Lice combs with metal teeth

M

Magnifying glass
Masks/face shields
Medicine droppers

N

Nail clippers/files
Normal saline
*Nursing reference materials

P

Paper products, i.e. cups, towels, sheets, pillow covers
Petroleum jelly, i.e. petrolatum emollient
*Pill counter/Pill cutter
Plastic bags – zip lock, various sizes

R/S

Ring Cutter, blades
Saline (for contact lenses, eye wash, wound irrigation)
Salt
Safety straps
Sanitizer, liquid hand (alcohol base)
Sanitary napkins
Save a Tooth kits
Scissors
*Sharps container
Slings
Soaps, i.e. antiseptic, liquid detergent
Splints – simple, straight, cardboard, plastic
*Syringes/needles

T

Tape, i.e. adhesive, paper, micro-pore
Thermometers – forehead, ear, sublingual, other (including
disposable)
Thermometer probe covers, disposable
Tissues, i.e. wipes, cleansing
Tongue depressors
*Tuberculin skin test solution
Tweezers or small forceps

V/W

*Vaccine
Wipes – diaper

¹ Recommend non-latex due to potential allergic reaction

* = ITEMS MUST HAVE APPROVAL OF THE SCHOOL NURSE BEFORE ORDERING