



SAN DIEGO COUNTY
OFFICE OF EDUCATION

Foster Youth and Homeless Education Services Presents Trauma-Informed Practices for Schools (TIPS)

Becoming “trauma-informed” means recognizing that people often have many different types of trauma in their lives. People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers.



Training duration varies from one to four hours depending on the depth of information requested.

Training may be conducted at a school or district site of your choosing or at one of the San Diego County Office of Education sites below:

San Diego County Office of Education, Main Campus
6401 Linda Vista Road, San Diego, CA 92111

South County Regional Education Center
800 National City Blvd., National City, CA 91950

North County Regional Education Center
255 Pico Avenue, San Marcos, CA 92069

Participants will:

1. Learn about the physiological impacts of trauma on the brain and possible emotional, behavioral, social and intellectual/academic impacts on students in foster care (e.g., attachment issues, externalized behaviors, disabilities, etc.)
2. Learn about the Adverse Childhood Experiences (ACES) studies and how they relate to life-long impacts for students impacted by trauma
3. Learn about what is being done at schools and in classrooms to create trauma sensitive learning environments and strategies for responding to these impacts
4. Develop an understanding of the importance of self-care: addressing our own traumatic experiences/history

Content from this training supports Local Control Accountability Plan Priority Areas: Student Engagement and School Climate.

These trainings are provided at **NO COST** and are available to all schools and districts throughout San Diego County.

For information on organizing a training for your school or district please contact our office:

San Diego County Office of Education
Foster Youth and Homeless Education Services Program

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