

# Building a Virtual Restorative Community

Presenters via Zoom:

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Provide participants with the basic concepts of how to use Restorative Practices (RP) in a virtual format including:

- Teach/practice mindfulness
- Develop Community Agreements
- Conduct virtual check-ins
- Conduct pair-shares (“empty the cup”)
- Conduct small group and large group discussions

**All virtual trainings free of charge. Registration required.**

Date	Time	Registration Link
Thursday, September 3, 2020	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190978">http://sdcoe.k12oms.org/918-190978</a>
Thursday, October 1, 2020	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190979">http://sdcoe.k12oms.org/918-190979</a>
Thursday, November 5, 2020	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190981">http://sdcoe.k12oms.org/918-190981</a>
Thursday, December 3, 2020	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190982">http://sdcoe.k12oms.org/918-190982</a>
Thursday, January 7, 2021	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190983">http://sdcoe.k12oms.org/918-190983</a>
Thursday, February 4, 2021	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190984">http://sdcoe.k12oms.org/918-190984</a>
Thursday, March 4, 2021	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190985">http://sdcoe.k12oms.org/918-190985</a>
Thursday, April 1, 2021	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190986">http://sdcoe.k12oms.org/918-190986</a>
Thursday, May 6, 2021	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190987">http://sdcoe.k12oms.org/918-190987</a>
Thursday, June 3, 2021	2:00 p.m. – 3:30 p.m.	<a href="http://sdcoe.k12oms.org/918-190988">http://sdcoe.k12oms.org/918-190988</a>

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**Registration Questions?** Call Tasha Smilth 858-298-2077 or Email: [tashas@sdcoe.net](mailto:tashas@sdcoe.net)

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